



2024 CHEER CODE OF CONDUCT, RULES & EXPECTATIONS

Each section needs to be read thoroughly by the participating child and their parent/guardian.
By initialing/Signing you agree to the terms of this agreement.

Parent Initials

Cheerleader Initials

	It is understood that Cheerleading is a commitment . You are committing to being on an athletic team that maintains regular practices, conditioning, and games. It is expected that all participants will arrive ready to learn, be a team player, and participate fully.	
	It is understood that Cheerleaders will be on time . Participants are expected to be at every practice and every game on time and ready to learn. <i>Participants are not allowed to be dropped off until after 5:45pm.</i>	
	It is understood that Cheerleaders will maintain positive attendance . In order to create & provide the best season and performances, it is expected that participants will be at every practice and every game.	
	It is understood that Cheerleaders that miss a practice or a game will sit out at the next Halftime performance. Routines and Stunting takes time and practice. Please respect that.	
	It is understood that Cheerleaders will arrive to all practices and games in appropriate mandatory attire . Stampede PAST & PRESENT practice wear <i>only</i> . You can purchase extra practice clothes at the Fittings Date.	
	It is understood that the BAND app is utilized by Stampede Coaches, Executive Board Members, and parents for Game Day Details, Important Reminders, and Stampede related content only. It is not meant for complaints, bickering, or any personal advertisements.	
	It is understood that cell phones are prohibited during any practices or games. Cell phones are to be put away and kept away until practice is over.	
	It is understood that volunteer hours are mandatory for parents of participants. 6 hours for 1 child, 10 hours for multiple participants. It is YOUR responsibility to meet with the Volunteer Coordinator(s) to schedule your hours.	
	It is understood that if I elect to waive volunteer hours that I am agreeing to pay <u>\$300</u> at the time of registration February 21st/March 6th	
	It is understood that Team Captains will be assigned at Game Days. It is understood that the Team Captain will be determined by the Coach & Assistant Coach based on the participants attendance, performance, sportsmanship, and attitude. Participants will earn this title for game days. Your child is not guaranteed to be a Team Captain within the season.	

	It is understood that teamwork is essential. As a cheerleader, you are a member of the TEAM. You will perform, condition, and conduct yourselves as a UNIT, not as individual personalities. The TEAM is only as good as its weakest member, so we should uphold, help, and encourage one another.	
	It is understood that no parents/guardians are to be near practice areas . Parents and guardians are not to be on any grass areas where practices are being held. This was a huge issue in the 2023 season. There are no exceptions.	
	It is understood that there will be a mandatory Cheer Orientation meeting that will be held at a later date. Once all teams are formed and registered, we will announce the date and time of the meeting. Parents/Guardians and participants must attend the meeting.	
	It is understood that there will be a mandatory Fitting Date for New & Returning Cheerleaders. This is mandatory & is essential in order to make certain that Uniforms, Practice Clothes, Bows, Shoes, etc. arrive on time for the Season. If your participant has two primary homes, we highly encourage each household to purchase their own bows/practice wear/poms, etc. Failure to have the appropriate attire will result in the participant sitting out. Coaches will not have extras.	
	It is understood that Oakdale Junior High graciously allows our Organization to utilize their fields, space, and time. The following items are NOT ALLOWED at practices: Gum, weapons, alcohol or tobacco products, vaping, etc. <i>Please pick up and dispose of your own trash!</i>	
	It is understood that while your child is in Stampede Attire (practice clothes, warm-ups, uniforms) that you are representing the Organization and your Team. You are expected to hold yourself appropriately and to use good moral decision making	
	It is understood that parents/guardians and guests may not agree with some decision making. There WILL NOT be any use of profanity, aggressiveness, or harassment towards any Coaches, Referees, or Stampede Board Members. No exceptions.	
	It is understood that Cheerleaders will practice on Game Days and that participants <i>must</i> be on time. Failure to arrive on time will result in lost time during Quarters. >30mins: Sits out 1st Quarter, <30 mins: 1st & 2nd Quarter	
	It is understood that ALL Cheerleaders are expected to stay and perform for the entire game! Last year we had Cheerleaders leaving directly after the half-time performance. This is a commitment. Cheerleaders are expected to stay for the entire game. If they have to leave early, they will not perform during the next Halftime Performance.	
	It is understood that if a parent/guardian or participant has a complaint that it will be taken to the Coach/Assistant Coach first. We believe that problems within the squad belong within the squad and should not be discussed outside of the squad. If it cannot be solved alone, then it will include the VP of Cheer and the President, if needed.	
	It is understood that bullying of any kind will NOT be tolerated. Cheerleaders are expected to have and show respect for ALL Teammates and Coaches.	

Parent Signature

Parent Print

Date

Cheerleader Signature

Cheerleader Print

Date