



P H Y S I C A L F O R M

Player/Cheerleader

All Participants must have a physical form on file with Oakdale Stampede by June 1, 2024, or the first day of practice. It is the obligation of the parent/guardian to arrange for a physical. Oakdale Stampede recommends each child see their own doctor for their physical. Physicals must be renewed EACH SEASON.

No one will be allowed to practice without a physical form on file. **NO EXCEPTIONS.**

To be completed by Parent/Guardian:

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| Player/Cheerleader Name: | |
| Date of Birth: | |
| Parent/Guardian Name: | |

To be completed by Doctor:

| | | |
|------------------------------------|---------|-----------------|
| Height: | Weight: | Blood Pressure: |
| Allergies: | | |
| Medication Student-Athlete Taking: | | |
| Previous Medical Condition: | | |
| Previous Orthopedic Conditions: | | |

- Cleared for all full contact physical activities (full contact football, cheer stunting, etc.)
- Restricted from physical activities, reason and/or conditions for clearance (if any)

Conditions for clearance (if any):

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Doctor Comments:

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Signature of Doctor

Date