



## PHYSICAL FORM

Player/Cheerleader

All Participants must have a physical form on file with Oakdale Stampede by July 25, 2019. It is the obligation of the parent/guardian to arrange for a physical. Oakdale Stampede recommends each child see their own doctor for their physical. Physicals must be renewed EACH SEASON and must be as of January 1st of the current year.

No one will be allowed to practice without a physical form on file. **THERE ARE NO EXCEPTIONS**

### To be completed by Parent/Guardian

Player/Cheerleader Name:	
Date of Birth:	
Parent/Guardian Name:	

### To be completed by Doctor

Height:	Weight:	Blood Pressure:
Allergies:		
Medication student-athlete taking:		
Previous Medical Condition:		
Previous Orthopedic Conditions:		

- Cleared for all full contact physical activities (full contact football)
- Restricted from physical activities, reason and/or conditions for clearance (if any)

Conditions for clearance (if any):

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Doctor Comments:

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Signature of Doctor

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Date